

SATURDAY

08:30 AM 1 hour	EAST END ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 08:15
09:00 AM 1 hour	PORTOBELLO ○ The Wash House, 3 Adelphi Grove, Portobello, EH15 1AP	
11:00 AM 1.25 hours	WEST END ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	
01:00 PM 1 hour	MIDLOTHIAN SATURDAY AFTERNOON ● Midlothian Community Hospital, 70 Eskbank Rd, Bonnyrigg EH22 3ND	
03:00 PM 1.5 hours	LANGUAGE OF THE HEART MUSSELBURGH ● ○ Musselburgh Congregational Church, 6 Links St, Musselburgh EH21	
06:00 PM 1 hour	EAST END ○ Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Gather 5:45pm for 6:00pm start
08:00 PM 1 hour	STOCKBRIDGE ● St Stephen's Comely Bank Church, 10 Comely Bank Rd, EH4 1DW	Doors open 7:45pm

SUNDAY

10:00 AM 1 hour	PORTOBELLO ○ The Wash House, 3 Adelphi Grove, Portobello, EH15 1AP	
01:00 PM 1 hour	NEW DALRY ● The Space, 183 Dalry Rd, EH11 2EB	
06:00 PM 1 hour	EAST END ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 17:45
06:00 PM 1 hour	SOUTH QUEENSFERRY - SUNDAY NIGHT STEP MEETING Priory Church, Hopetoun Rd, Farquhar Terrace, Queensferry, South Queensferry EH30 9RB	
06:00 PM 1 hour	THE TRIBE WITHIN THE TRIBE The Crannie Community Hub, 9 Cranston St, EH8 8BE	
08:00 PM 1.5 hours	CLUNY GROUP ○ Morningside Parish Church, 2 Cluny Gardens, EH10 6BQ	Enter from Cluny Gardens.
08:00 PM 1.5 hours	LOANHEAD PARISH CHURCH ● Loanhead Parish Church, 120 The Loan, Loanhead EH20 9AJ	

MEETING KEY

♿	=	Wheelchair Accessible
○	=	Open Meeting
●	=	Closed Meeting

This leaflet is confidential. It must not be used as a mailing list, or for any other purpose than that of AA.

THE SERENITY PRAYER

God grant me the Serenity to accept the things I cannot change, Courage to change the things I can, And Wisdom to know the difference.

THE AA PREAMBLE

Alcoholics Anonymous is a fellowship of people who share their experience strength and hope with each other, that they may solve their common problem, and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self supporting through our own contributions. AA is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober, and help other alcoholics achieve sobriety.

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ALCOHOLICS ANONYMOUS

EDINBURGH & MIDLOTHIAN INTERGROUP MEETS EVERY TWO MONTHS ON THE LAST THURSDAY

ST CATHERINE'S CONVENT, 4 LAURISTON GARDENS, EH3 9HH, AND ONLINE
7:00pm for 7:15pm start. ALL WELCOME.

aa-edinburgh.org.uk

ALCOHOLICS ANONYMOUS WHERE TO FIND

EDINBURGH



DECLARATION OF UNITY

This we owe to AA's future: to place our common welfare first; to keep our fellowship united. For on AA's future depends our lives and the lives of those to come. When anyone, anywhere reaches out for help,

I want the hand of AA to be there, and for that I am responsible.

NATIONAL HELPLINE NUMBER

0800 917 7650

FREE AND CONFIDENTIAL

OCTOBER 2026

Updated 3rd October 2026

07:00 PM 1.5 hours	MIDLOTHIAN COMMUNITY HOSPITAL (STEP MEETING) Midlothian Community Hospital, 70 Eskbank Rd, Bonnyrigg EH22 3ND	
07:30 PM 1 hour	CORSTORPHINE GROUP ● The Dower House, St Margaret's Park, Corstorphine, EH12 7SZ	Doors open at 7:30
07:30 PM 1 hour	LEITH STEP 11 AND GUIDED MEDITATION MEETING ○ St. Margaret's Episcopal Church, 170 Easter Rd, EH7 5QE	
08:00 PM 1.5 hours	CANNONMILLS ● St Phillips Church, 12 Logie Green Rd, EH7	Entrance on street level at the side, door at the end marked "Traning for Care".
08:00 PM 1.5 hours	GAY RECOVERY & ● The Church of the Sacred Heart, 28 Lauriston St, EH3 9DJ	
08:00 PM 1.5 hours	WEST END ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	

FRIDAY		
07:15 AM 1 hour	EAST END & ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 07:00
11:00 AM 1.5 hours	PASS IT ON ● St John's Church, Princes St	Last Friday of the month is an open meeting
01:00 PM 1 hour	AS BILL SEES IT ● St Cuthbert's Church, 5 Lothian Rd, EH1 2EP	
01:00 PM 1 hour	WEST END ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	
06:00 PM 1 hour	EAST END & ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 17:45 Please note: Last Friday of the month the meeting is an Open Meeting
06:00 PM 1 hour	POLISH-SPEAKING MEETING ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	
07:00 PM 1 hour	EARLY BIRD & Midlothian Community Hospital, 70 Eskbank Rd, Bonnyrigg EH22 3ND	
07:00 PM 1.5 hours	MURRAYFIELD STEP 11 & ○ Church of the Good Shepherd, 13a Murrayfield Ave, EH12 6AU	
07:30 PM 1 hour	COURAGE TO CHANGE ○ Meadowbank and Willowbrae Church, 83 London Rd, EH7 5TT	
08:00 PM 1.25 hours	ST CATHERINE'S CONVENT ● St Catherine's Convent, 4 Lauriston Gardens, EH3 9HH	5 minutes meditation at start First Friday of month is open, all others are closed
08:00 PM 1.5 hours	WEST END ○ Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	

08:00 PM 1.5 hours	WEST END STEP MEETING ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA
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WEDNESDAY		
07:15 AM 1 hour	EAST END & ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 07:00
10:30 AM 1.5 hours	ST CATHERINE'S CONVENT ● St Catherine's Convent, 4 Lauriston Gardens, EH3 9HH	Doors open 10:15 Max 15 per meeting No Tea / Coffee Toilets Unisex
01:00 PM 1 hour	WEST END ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	
06:00 PM 1 hour	EAST END BIG BOOK & ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 05:45pm
07:00 PM 1.5 hours	MURRAYFIELD STEP MEETING & ○ Church of the Good Shepherd, 13a Murrayfield Ave, EH12 6AU	This is a hybrid meeting Doors open from 6:30pm
07:00 PM 1.5 hours	THRIVING NOT SURVIVING Royal Edinburgh Hospital, Morningside Pl, EH10 5HF	Held in Meeting Room 'The Quiet Room', MacKinnon House
07:30 PM 1.5 hours	EASTER ROAD ● St. Margaret's Episcopal Church, 170 Easter Rd, EH7 5QE	Doors Open at 7pm
07:30 PM 1 hour	WOMEN SUPPORTING WOMEN ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	A safe, supportive space for women.
08:00 PM 1.5 hours	ORCHARD BRAE ● Bristo Baptist Church, 1 Queensferry Rd, Craigleith, EH4 3DJ	
08:00 PM 1.5 hours	THE BOTHY & ● The Bothy, 92 Niddrie Mains Rd, Craigmillar, EH16 4DT	
08:00 PM 1.5 hours	WEST END ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	

THURSDAY		
10:30 AM 1.5 hours	ST CATHERINE'S CONVENT ● St Catherine's Convent, 4 Lauriston Gardens, EH3 9HH	Doors open 10:15 Max 15 per meeting No Tea / Coffee Toilets Unisex
01:00 PM 1 hour	HOLY CORNER MORNINGSIDE ● Morningside United Church, Bruntsfield Pl & Chamberlain Rd, EH10 4DH	No dogs except guide dogs
06:00 PM 1 hour	EAST END STEP MEETING & ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 17:45
06:00 PM 1 hour	WEST END ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	
06:30 PM 1 hour	MURRAYFIELD BIG BOOK STUDY & ○ Church of the Good Shepherd, 13a Murrayfield Ave, EH12 6AU	

MONDAY		
07:15 AM 1 hour	EAST END & ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 07:00
10:30 AM 1.5 hours	ST CATHERINE'S CONVENT ● St Catherine's Convent, 4 Lauriston Gardens, EH3 9HH	Doors open 10:15 Max 15 per meeting No Tea / Coffee Toilets Unisex
01:00 PM 1.5 hours	MANIC MONDAY ● St John's Church, 1A Lothian Rd, EH1 2AB	Closed meeting Open meeting last Monday of month.
01:00 PM 1 hour	WEST END ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	
06:00 PM 1 hour	EAST END & ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 17:45
06:00 PM 1 hour	MURRAYFIELD JUST FOR TODAY & ○ Church of the Good Shepherd, 13a Murrayfield Ave, EH12 6AU	
07:00 PM 1 hour	NEW MUIRHOUSE MEETING & ● The Old Kirk and Muirhouse Church, 42 Pennywell Gardens, EH4 4PE	
07:30 PM 1.5 hours	SIGHTHILL ● St Nicholas Church, 124 Sighthill Loan, EH11 4NT	
08:00 PM 1.5 hours	MCH MONDAY & ○ Midlothian Community Hospital, 70 Eskbank Rd, Bonnyrigg EH22 3ND	Doors open 7:30pm
08:00 PM 1 hour	STOCKBRIDGE BIG BOOK ○ St Stephen's Comely Bank Church, 10 Comely Bank Rd, EH4 1DW	Doors open 7.45pm
08:00 PM 1.5 hours	WEST END ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	

TUESDAY		
01:00 PM 1 hour	ST CUTHBERT'S LOTHIAN RD ● St Cuthbert's Church, 5 Lothian Rd, EH1 2EP	Members will not be permitted entry before 12:45pm
06:00 PM 1 hour	EAST END & ● Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Doors open 17:45
06:00 PM 1 hour	WEST END ● Palmerston Place Church, 10 Palmerston Pl, EH12 5AA	
06:30 PM 1 hour	MURRAYFIELD DAILY REFLECTIONS & ○ Church of the Good Shepherd, 13a Murrayfield Ave, EH12 6AU	
07:30 PM 1.5 hours	1ST EDINBURGH ● St Catherine's Convent, 4 Lauriston Gardens, EH3 9HH	Ground floor room. Open from 7pm for 7:30pm Start.
07:30 PM 1 hour	POLSKOJEZYCZNA GRUPA SERENITY Christadelphian Hall, 4 Gayfield Place, Leith Walk, EH7 4AB	Edinburgh Serenity Polish Speaking
07:45 PM 1 hour	GAY & LESBIAN LIVE & LET LIVE HYBRID ● LGBT Health & Wellbeing, 4 Duncan Pl, Leith, EH6 8HW	4th Tuesday each month is online only