













9.00am 1 Hour	PORTOBELLO EXPRESS The Wash House 3 Adelphi Grove EH15 1AP		Open Meeting Child and Dog Friendly
11.00am	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA		Basement area
2.00pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB		
2.00pm	LANGUAGE OF THE HEART Congregational Church Hall 6 Links Street, Musselburgh, EH21 6JL		Open Meeting
5.30pm	WE ARE NOT SAINTS Mackinnon House, Royal Edinburgh Hospital, 151 Morningside Place EH10 5HF		Quiet Room (Chaplain's Office)
6.00pm	UPTOWN, YOUNG & SOBER Christadelphian Hall 4 Gayfield Place EH7 4AB Enter by Gayfield Place on Leith Walk		Open Meeting
8.00pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB		Open Meeting
8.00pm	STOCKBRIDGE GROUP St Stephen's Comely Bank Church Junction Comely Bank Rd/ East Fettes Avenue, EH4 1AN		
8.00pm	DALKEITH NO.1 GROUP Midlothian Community Hospital 70 Eskbank Road, Bonnyrigg EH22 3ND		Open Meeting
9.00pm	YPAA - NEW BEGINNINGS Augustine United Church 41 George IV Bridge, Edinburgh EH1 1EL		Open Meeting

SUNDAY

10.00am 1 Hour	SEASIDE SUNDAY The Wash House 3 Adelphi Grove EH15 1AP		Open Meeting Child and Dog Friendly
12.30pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB		
2.30pm	JEWELS IN THE CHEST St Cuthbert's Church Princes Street EH2 4BJ		1st Sunday of month Traditions
4.00pm 1 Hour	ST JOHN'S 11TH STEP St John's Church (Chapel @ front) Princes Street EH2 4BJ		15 mins Meditation Open Meeting Enter through the main door on Lothian Road
6.00pm 1 Hour	EAST END GROUP Christadelphian Hall, 4 Gayfield Place EH7 4AB Enter by Gayfield Place on Leith Walk		
8.00pm	CLUNY GROUP Morningside Parish Church Cluny Gardens EH10 6AE		Open meeting
8.00pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB		
8.00pm	LOANHEAD PARISH CHURCH 120 The Loan Loanhead EH20 9DR		

CONVENTION 2020

NEXT PLANNING MEETING. Wednesday 13 November - 6:30pm
St Catherine's Convent, 4 Lauriston Gardens, EH3 9HJ

ANNUAL GENERAL MEETING

Thursday 28 November - 7pm for 7:30pm
St Catherine's Convent, 4 Lauriston Gardens, EH3 9HJ

SEE AA-EDINBURGH.ORG.UK/LATEST-NEWS/ FOR FURTHER DETAILS

This leaflet is confidential. It must not be used as a mailing list, or for any other purpose than that of AA.

The Serenity Prayer

God grant me the Serenity to accept the things I cannot change, Courage to change the things I can, And Wisdom to know the difference.

The Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience strength and hope with each other, that they may solve their common problem, and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self supporting through our own contributions. AA is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober, and help other alcoholics achieve sobriety.

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ALCOHOLICS ANONYMOUS EDINBURGH & MIDLOTHIAN INTERGROUP

IS HELD LAST THURSDAY OF EACH MONTH AT
ST CATHERINE'S CONVENT, 4 LAURISTON GARDENS, EH3 9HJ
7.30PM. ALL WELCOME.

aa-edinburgh.org.uk

ALCOHOLICS ANONYMOUS WHERE TO FIND

EDINBURGH



DECLARATION OF UNITY

This we owe to AA's future: to place our common welfare first; to keep our fellowship united. For on AA's future depends our lives and the lives of those to come. When anyone, anywhere reaches out for help,

I want the hand of AA to be there, and for that I am responsible.

NATIONAL HELPLINE NUMBER

0800 917 7650

FREE AND CONFIDENTIAL

OCTOBER 2019

Updated 29 September 2019

MONDAY

7.00am	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA	Tea and Toast Basement area	
7.15am 1 Hour	EAST END GROUP Christadelphian Hall 4 Gayfield Place EH7 4AB Enter by Gayfield Place on Leith Walk		
10.30am	ST CATHERINE'S CONVENT 4 Lauriston Gardens EH3 9HH		
1.00pm	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA	Basement area	
6.00pm 1 Hour	EAST END GROUP Christadelphian Hall 4 Gayfield Place EH7 4AB Enter by Gayfield Place on Leith Walk		
6.00pm 1 Hour	HOLY CORNER 15 Chamberlain Road Edinburgh EH10 4DJ	Step Meeting 15 Minutes Meditation	
7.30pm	OXGANGS GROUP St.Marks Church Oxgangs Avenue EH13 9HX		
8.00pm	MCH Midlothian Community Hospital 70 Eskbank Road, Bonnyrigg EH22 3ND	Open Meeting	
8.00pm 1 Hour	STOCKBRIDGE BIG BOOK STUDY St Stephen's Comely Bank Church Junction Comely Bank Rd/ East Fettes Avenue, EH4 1AN	Big Book Study Open Meeting	
8.00pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB	1st Monday of month Open Meeting	
8.00pm	PENICUIK GROUP North Kirk 95 John Street EH26 8AG		
8.00pm	SIGHTHILL GROUP St. Nicholas Church 124 Sighthill Loan EH11 4NT	1st Monday of month Open Meeting	
8.00pm	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA	Basement area	

TUESDAY

1.00pm 1 Hour	ST. CUTHBERTS TUESDAY St. Cuthberts Church Lothian Road EH1 2EP	(Lindisfarne Room)	
2.00pm 1 Hour	TOLLCROSS GROUP ST CATHERINE'S CONVENT 4 Lauriston Gardens EH3 9HH	(side door)	
6.00pm 1 Hour	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA	Basement area	
6.00pm 1 Hour	EAST END GROUP Christadelphian Hall 4 Gayfield Place EH7 4AB Enter by Gayfield Place on Leith Walk	Doors open 17:45	
8.00pm	LIVE & LET LIVE GROUP St Johns Church, Princes Street Edinburgh EH2 4BJ	LGBT non-exclusive	
8.00pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB		

8.00pm	ELIM TUESDAY GROUP Church of the Sacred Heart 28 Lauriston Street EH3 9DJ	(side door)	
8.00pm	DALKEITH NO.1 GROUP Midlothian Community Hospital 70 Eskbank Road, Bonnyrigg EH22 3ND	Open Meeting	
8.00pm	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA	Step Meeting Basement area	

WEDNESDAY

7.15am 1 Hour	EAST END GROUP Christadelphian Hall 4 Gayfield Place EH7 4AB Enter by Gayfield Place on Leith Walk	Doors open 07:00	
10.30am	ST CATHERINE'S CONVENT 4 Lauriston Gardens EH3 9HH		
12.30pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB		
1.00pm 1 Hour	LOTHIAN ROAD GROUP St. Cuthberts Church Lothian Road EH1 2EP	(Memorial Chapel)	
1.00pm	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA		
6.00pm 1 Hour	THE SANCTUARY ROOM Royal Infirmary of Edinburgh EH16 4SA	Open Meeting (Off main corridor)	
6.00pm 1 Hour	1ST EDINBURGH 7 Blackfriars Street EH1 1NB		
6.00pm 1 Hour	ST JOHN'S WEDNESDAY St John's Church Princes Street, EH2 4BJ	Takes place in the basement meeting room Enter by porch on Princes Street	
7.30pm	LEITH WEDNESDAY St Margaret's Church 170 Easter Road EH7 5QE		
8.00pm	ORCHARD BRAE GROUP Bristo Baptist Church Queensferry Road EH4 3DJ	(Top of Orchard Brae)	
8.00pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB		
8.00pm	MORNINGSIDE GROUP Mackinnon House, Royal Edinburgh Hospital, 151 Morningside Place EH10 5HF	Open Meeting	
8.00pm	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA	Basement area	
8:00pm	MURRAYFIELD STEP MEETING The Church of the Good Shephard 13 Murrayfield Ave, Edinburgh, EH12 6AU	Includes 15 minutes of meditation (Starts 23/10/19)	

THURSDAY

10.30am	SUNSHINE GROUP St Catherine's Convent 4 Lauriston Gardens EH3 9HH		
11.00am	LONGSTONE THURSDAY Longstone & Slateford Church 52 Kingsknowe Rd North EH14 2DF		
12.30pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB		
6.00pm 1 Hour	EAST END GROUP Christadelphian Hall 4 Gayfield Place EH7 4AB	Step Meeting Enter by Gayfield Place on Leith Walk	

6.00pm 1 Hour	BIG BOOK STUDY GUIDE Palmerston Place Church 10 Palmerston Place EH12 5AA			Big Book Basement Area
6.30pm 1 Hour	LIPSTICK WITH THE WINNERS Quaker Meeting House Victoria Street Edinburgh EH1 2JL			Women's Group
8.00pm	CORSTORPHINE GROUP The Dower House, St Margaret's Park Corstorphine High Street EH12 7SX			
8.00pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB			
8.00pm	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA	Basement area		
8.00pm	OLD ROSSLYNLEE MEETING Midlothian Community Hospital 70 Eskbank Road, Bonnyrigg EH22 3ND	Open Meeting		
8.00pm	VIEWFORTH STEP MEETING Barclay Viewforth Church 1 Wrights Houses EH10 4HR			
8.00pm	GAY RECOVERY Church of the Sacred Heart 28 Lauriston Street EH3 9DJ	Non-exclusive		

FRIDAY

9.30am 1 Hour	HOLY CORNER 15 Chamberlain Road Edinburgh EH10 4DJ			
1.00pm	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA			
1.00pm 1 Hour	AS BILL SEES IT St. Cuthberts Church\ Lothian Road EH1 2EP (Memorial Chapel)			
6.00pm 1 Hour	WEST END (WOMENS GROUP) Palmerston Place Church 10 Palmerston Place EH12 5AA	Women's Group Basement Area		
6.00pm 1 Hour	EAST END GROUP Christadelphian Hall 4 Gayfield Place EH7 4AB Enter by Gayfield Place on Leith Walk			
7.00pm 1hr 15min	MURRAYFIELD 11TH STEP Church of the Good Shepherd 13 Murrayfield Avenue EH12 6AU	15 mins meditation		
7.45pm	FRIDAY NIGHT RECOVERY GROUP St Catherine's Convent 4 Lauriston Gardens EH3 9HH	5 mins meditation First Friday of Month Open Meeting		
8.00pm	CANONMILLS GROUP St Philip's Church Logie Green Road EH7 4EY			
8.00pm	1ST EDINBURGH 7 Blackfriars Street EH1 1NB			
8.00pm	LONGSTONE FRIDAY Longstone & Slateford Church 52 Kingsknowe Road North EH14 2DF	Last Friday of month Open Meeting		
8.00pm	BRUNTSFIELD FRIDAY GROUP St Columba's Church Hall 13 Upper Gray Street EH9 1SN	Doors Open 7.45pm		
8.00pm	WEST END GROUP Palmerston Place Church 10 Palmerston Place EH12 5AA	Basement area Last Friday of month Open Meeting		
10.30pm 1 Hour	1ST EDINBURGH 7 Blackfriars Street EH1 1NB			

SATURDAY

8.30am 1 Hour	EAST END GROUP Christadelphian Hall, 4 Gayfield Place EH7 4AB	Doors Open 8.15pm Enter by Gayfield Place on Leith Walk		
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